

Psychologist David Litton, PhD
Professional Executive Coach

“Helping Austin Executives maximize performance, clear roadblocks, and successfully market themselves”

**Psychologist David S. Litton PhD
Individual Executive Coach,
Executive Development & Career Counseling
Expert**



Company executives have a lot in common with Professional Athletes. Both groups have a tremendous amount of footwork to complete before gaining the top positions they have worked so hard for. Then it becomes a matter of keeping qualified for that position or marketing your talents to others. Athletes are lucky, they have had a Coach in their corner since little league. Coaching is essential to continued player development and building a winning team. Today with a shaky economy and downsizing in employment, Business Executives must stay healthy physically, mentally and emotionally to succeed in the corporate marketplace. Psychologist David S. Litton, PhD possesses the necessary communication skills, proven track record, and 15 years of experience, to coach you to the next level in your career.

“Staying in a job that doesn’t fit is like being in a bad marriage for twenty years! When you get out you ask yourself, ‘Why did I do that?’ After receiving his Doctorate in Psychology from the University of Texas, Dr. Litton quickly gravitated to “Career Counseling,” “Executive Development” and “Individual Executive Coaching. His clinical internship and undergraduate degree were accomplished at the University of Virginia. Dr. Litton continues to update and refine his professional knowledge and skills through numerous professional educational programs. As a cancer survivor himself, he is familiar with overcoming some of the most difficult challenges we all must face during our careers and the importance of hurdling those roadblocks!

If you are currently a “working” company executive wanting to maximize your performance, or a company executive looking for a new career, Dr. Litton is in the perfect position to help you. With his “individualized” personality assessment, Dr. Litton will give you “powerful” information on how to understand and utilize your personality in various situations in his Coaching Sessions. He will also provide you an integrated picture of your professional assets, and those areas that might benefit from further development. Dr. Litton has successfully worked with hundreds of fortune 500 employees & independent business people on job and career issues. He also has proven resume and job search strategies available for you today. If being in the right profession and excited about your career is vitally important to you, call “Professional Executive Coach” David S. Litton, PhD, he can help you now.

**Individual Executive Coaching -
“Maximizing your performance, clearing
roadblocks and helping you
Market yourself successfully!”**

**This is much more than “feel good”
motivational counseling; it is an analysis of:**

- **Personal and interpersonal behavior styles**
- **Thinking and learning styles**
- **Work related interests**
- **Executive and leadership skills**
- **Work and lifestyle – related issues**



Executive Development - Premier Solution: “The Executive oil & filter change”

- **Immediately determine “root causes” for under performance and develop and action plan to correct them**
- **Accelerate development of high – potentials**
- **Train new executive and leadership skills to enhance productivity**
- **Learn to identify and clear roadblocks that disrupt other employees performance**
- **Gain conflict resolution skills**

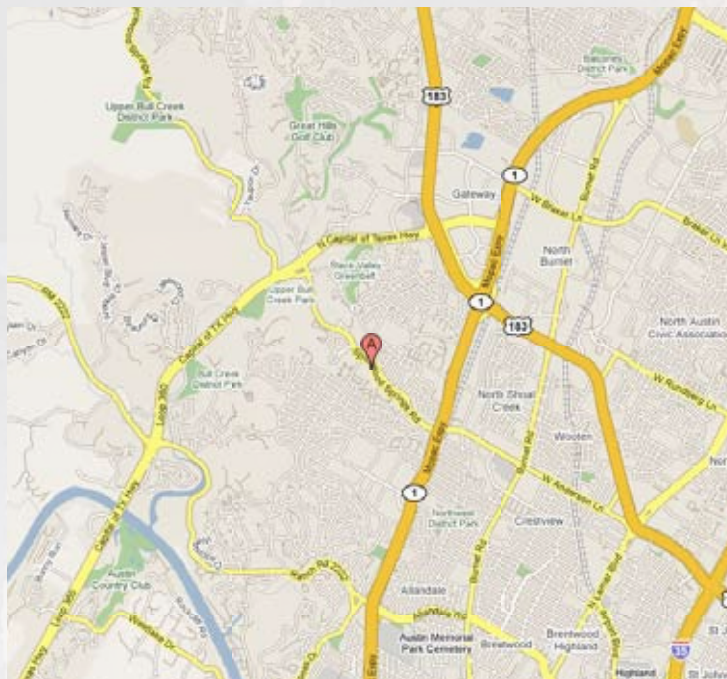
Career Counseling Expertise

- **Matches your interest**
- **Meets your financial needs**
- **Maximizes your growth potential**

Quotes from the clients of Dr. Litton:

- **“I have new confidence!” ~Jim Y.**
- **“Dr. Litton responds quickly and professionally!” ~G. Friedman, PhD**
- **“He is a true professional with profound impact!” ~B. Benten, HR Mgr**
- **“I feel lucky to have found Dr. Litton. Each step was directed at results!” ~John G. Attorney at Law**
- **“He is a great asset!” ~ I.C. Texas Department of Child Protective Services**

“Making that investment in yourself and in your career is crucial for successful growth to the next level and beyond” ~David S. Litton, PhD



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